

## RESOURCE GUIDE

**For the latest news and updates, always refer to the Shikellamy School District homepage at [www.shikbraves.org](http://www.shikbraves.org). Thanks!**

Shikellamy School District Administration Building  
200 Island Blvd.  
Sunbury, PA 17801  
Phone: 570-286-3721

Grace S. Beck Elementary School  
600 Arch Street  
Sunbury, PA 17801  
Phone: 570-286-3725

Chief Shikellamy Elementary School  
338 Memorial Drive  
Sunbury, PA 17801  
Phone: 570-286-3728

Oaklyn Elementary School  
115 Oak Street  
Sunbury, PA 17801  
Phone: 570-286-3731

Priestley Elementary School  
423 Cannery Road  
Northumberland, PA 17857  
Phone: 570-473-3261

Shikellamy Middle School  
545 Permastone Drive  
Northumberland, PA 17857  
Phone: (570) 286-3736

Shikellamy High School  
600 Walnut Street  
Sunbury, PA 17801  
Phone: 570-286-3702

Virtual Academy  
[virtualacademy@shikbraves.org](mailto:virtualacademy@shikbraves.org)

## Community Resources:

- I. Commonly Used
  - a. Northumberland County Crisis- 1-855-313-4387
  - b. National Suicide Prevention Lifeline: 1-800-273-8255
  - c. ChildLine- 1-800-932-0313 or can report electronically (Child Welfare Information Solution Portal)
  - d. Northumberland County Behavioral Health, Intellectual Disabilities and Developmental Services - 570-495-2040 or 1-800-970-MHMR
  - e. Northumberland County Children and Youth Services - 570-988-4237
  - f. Community Care Behavioral Health - 1-866-878-6046
  - g. Children's Clinic- [william.brecker@norrycopa.net](mailto:william.brecker@norrycopa.net)
  - h. Safe2Say - 1-844-saf2say or safe2saypa.org
  
- II. Police
  - a. Shikellamy School District, Chief Hoover - 570-286-3702
  - b. Northumberland Borough Police Department - 570-473-8446
  - c. Point Township Police Department - 570-473-9364
  - d. Sunbury Police Department - 570-286-4584
  - e. Stonington State Police - 570-286-5601
  - f. Northumberland County 911 Center - 911 or 570-988-4539
  
- III. Alternative Education Schools
  - a. Compass Academy- 570-339-3100
  - b. CSIU 5 Star Day Treatment- 570-988-1840
  - c. BSI - 570-524-0307
  
- IV. Human Resources
  - a. Early Intervention- 570-495-2040
    - i. Head Start, CSIU- 570-286-8180
    - ii. Contact Northumberland County Early Intervention for children age birth to three years old. 570-495-2016
    - iii. Contact Central Susquehanna Intermediate Unit (CSIU) for children three to five year old 570- 523-1155 ext. 2229
  - b. Children and Youth- 570-988-4237
  - c. Behavioral Health- 570-495-2040
  - d. Intellectual Development Services- 570-495-2040
  - e. Drug and Alcohol- Kerry Davis [Davis-kerry.davis@norrycopa.net](mailto:Davis-kerry.davis@norrycopa.net)- 570-495-2040
    - i. PA Drug and Alcohol Helpline: 1-800-662-HELP
  - f. Veteran's Affairs-570-988-4213
  - g. Area Agency of Aging-570-495-2395
  - h. Juvenile Probation- 570-495-2305
  - I. Adult Probation-570-495-2339
  - j. Domestic Relationships- 570-988-4227

- k. National Domestic Violence Helpline: 1-800-799-7233
  - l. National Sexual Assault Helpline: 1-800-656-4673
  - m. National Teen Dating Abuse Helpline: 1-866-331-9474
  - n. Teen Dating Abuse Text: Text “loveis” to 22522 [www.loveisrespect.org](http://www.loveisrespect.org)
- V. Behavioral Health (Check your insurance card for phone number or website to access providers covered by your individual insurance)
- a. School Based
  - b. Outpatient Therapy
    - i. Northumberland County Counseling Services-570-495-2040
    - ii. N.C.C.S (Med Clinic)- 570-495-2010
    - iii. Emery Behavioral Health- 570-286-0987
    - iv. Laurie Ann Balsavage - 570-988-0804
    - v. Diakon - 570-524-9477
    - vi. Darlene Garcia-Johnson (Bi-lingual options) - 570-230-7629
    - vii. Theresa Hackenberg - 570-743-2500
    - viii. Merakey - 570-286-0426 or 570-644-0808
    - ix. Psychological Services Clinic - 570-286-5081
  - c. Outpatient Psychiatry
    - i. GMC- 570-271-6516
    - ii. Psychological Services- 570-286-5081
  - d. Targeted Case Management- 570-988-4100
  - e. Mobile Therapy- 570-988-4100
  - f. High Fidelity Wraparound, Keystone Human Services - 570-286-1757
  - g. Family-Based Therapy-570-495-2040
  - h. Partial Hospitalization
    - i. GMC Intensive Outpatient- 570-271-6840
    - ii. Safety Net- 570-339-5040
    - iii. BSI Adolescent Partial- 570-275-1381
- VI. Behavioral Health Rehabilitation Services
- a. Keystone- 570-286-1757
  - b. Safety Net- 570-339-3973
  - c. Behavioral Specialist- 570-524-0307
  - d. Concern- 570-522-0990
  - e. UCBH- 570-286-8848
- VII. Other Services
- a. Consumer Affiliated Groups
    - i. Parent to Parent Connections- 1-800-742-9225
  - b. Vocational Training- Office of Vocational Rehabilitation (OVR)- 1-800-442-6359
  - c. Department of Public Welfare- 570-988-5900
  - d. Social Security- 1-866-593-3796
  - e. Haven Ministries- 570-286-1672

- f. Career Link - 570-988-7300
- g. Transitions of PA- 1-800-850-7948, [transitionsofpa.org](http://transitionsofpa.org)
- h. Salvation Army (Sunbury)- 570-286-4131
- i. Red Cross (Sunbury)- 570-286-4411
- j. LGBTQ+ Youth Hotline: 1-800-246-7743
- k. National Eating Disorders Hotline: 1-800-931-2237
- l. National Alliance on Mental Health: 1-800-950-6264
- m. Teen Line: 1-800-852-8336 or Text ‘Teen’ to 839863 [www.teenlineonline.org](http://www.teenlineonline.org)  
[www.walkinourshoes.org](http://www.walkinourshoes.org) [www.teencentral.com](http://www.teencentral.com)

#### VIII. Food Services

- a. District Lunches: Breakfasts and lunches are being distributed at the following locations from 11am - 12:30pm, Monday through Friday:
  - i. Americus Hose Company, 100 Linden Street, Sunbury
  - ii. Priestley Elementary School, 423 Cannery Road, Northumberland
  - iii. Shikellamy Middle School, 545 Permastone Drive, Northumberland
  - iv. Shikellamy High School, 600 Walnut Street, Sunbury
  - v. Skate Park, North 4th Street, Sunbury
- b. Weekend Food Bags are being distributed at the Community Clinic on Market Street in Sunbury from 1 - 4pm on Fridays.

- **If you are experiencing an emergency, dial 911 or go directly to your local Emergency Room**

#### **Additional Resources:**

- CDC’s “[Manage Anxiety and Stress](#)” page provides what stress can look like and tips to manage that stress.
- The National Child Traumatic Stress Network has a [guide](#) for parents and caregivers to help families cope with the Coronavirus Disease 2019 (COVID-19)
- Mental Health America has compiled a range of resources and information on their “[Mental Health and COVID- 19](#)” page.
- SAMHSA’s “[Coping With Stress During Infectious Disease Outbreaks](#)” page outlines the signs of stress and steps you can take to alleviate stress.
- SAMHSA’s “[Taking Care of Your Behavioral Health](#)” page provides tips for social distancing, quarantine and isolation during an infectious disease outbreak.
- SAMHSA’s “[Talking With Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks](#)” page provides parents, caregivers, and teachers with strategies for helping children manage their stress during an infectious disease outbreak.
- Vibrant Emotional Health’s [Safe Space](#) provides interactive coping tools to help users when they need it.
- If you feel you or someone you know may need emotional support, please visit the Lifeline’s

website at [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org) for helpful resources or call 1-800-273-TALK (8255). The Lifeline is free, confidential, and available to everyone in the U.S. You do not have to be suicidal to call the Lifeline.

- The NYS Office of Mental Health's "[Managing Anxiety in an Anxiety Provoking Situation](#)" resource page provides tips for all on how to manage anxiety surrounding the COVID-19 outbreak.
- If you're worried that someone in your life may be suicidal, you can use the Lifeline's [5 steps to help someone that may be in suicidal crisis](#).
- PA Department of Education has a list of [suicide awareness/ prevention education resources](#) for students, parents, and schools.
- The PA Parent and Family Alliance has compiled [useful resources for families and providers across the state](#). Currently the list has over 200 resources in areas such as education, mental wellness, work, necessary services, art, relaxation, and much more.